



DES MOINES PASTORAL

**COUNSELING CENTER**



## Introduction to Trauma Sensitive Practice

### PROGRAM

An understanding of trauma provides a good foundation for work with any client. Statistics indicate that 30-80 percent of clients seen by psychotherapists have experienced some form of trauma. Yet many practitioners have received little education about the impact of trauma on clients' lives and the therapeutic relationship. This 10 week class seeks to provide an introduction to trauma sensitive practice.

### DATES

Wednesdays, September 20– November 22, 2017

### TIME

8:15-9:45 am

### COST

\$150 payable at the time of registration

### LOCATION

8553 Urbandale Ave/Urbandale, IA 50322

### REGISTRATION

Please call 274-4006 or go to [www.dmpcc.org/traumapractice](http://www.dmpcc.org/traumapractice)  
Registration Closes September 13, 2017.  
Space is limited to 10 participants.

### FACILITATOR

Christine Dietz, L.I.S.W., Ph.D. is a counselor and spiritual director at Des Moines Pastoral Counseling Center and Director of Professional Education. She has taught and written about trauma and trauma sensitive practice in graduate and undergraduate social work programs, including helping to build a trauma based curriculum at the University of New England School of Social Work.

