



DES MOINES PASTORAL
COUNSELING CENTER



Time to Retire or Time to Rewire?

A Support Group for Career Women Considering “Retirement”

PROGRAM Women of the Baby Boomer generation are entering new territory. More women of this generation have had careers outside the home than in any previous generation. As these women reach the traditional age of “retirement,” they have questions, concerns and dilemmas, but few role models. In this support group for career women, we will begin to identify the next steps in our life’s journeys, whether its “retirement,” “rewirement,” or something yet to be defined. This class is part of the Center’s *Redefining Aging* Initiative.

DATE Fridays, January 25 – March 15, 2019

TIME 10:30 AM – Noon

TUITION \$250.00 for the eight-week series. Scholarships are available. Please contact the instructor, Christine, at cdietz@dmpcc.org.

LOCATION Des Moines Pastoral Counseling Center, 8553 Urbandale Ave., Urbandale, IA 50322

REGISTRATION www.dmpcc.org/retireorrewire Space is limited.

LEARN MORE Please call 515-274-4006 or Email Christine at cdietz@dmpcc.org

FACILITATOR



Christine Dietz, Ph.D., L.I.S.W., D.Min candidate is the Training Director, as well as a therapist, teacher and spiritual director at Des Moines Pastoral Counseling Center. She has a particular interest in working with older adults and is one of the founders of the Center’s *Redefining Aging* Initiative.