



DES MOINES PASTORAL
COUNSELING CENTER

DES MOINES  UNIVERSITY
MEDICINE & HEALTH SCIENCES



Rebound with courage

An evening with Royce White, former NBA player and Iowa State University basketball star

PROGRAM: “Mental health is the biggest social issue we face,” according to Royce White, humanitarian, mental health advocate and professional athlete.

Royce White was drafted by the NBA following a brilliant basketball career at Iowa State University. Even though he was forthcoming with his pre-existing diagnosis of Generalized Anxiety Disorder (GAD), his NBA career was cut short because the league did not have a policy relating to players’ mental health. Royce White responded forcefully, through advocacy and education, to advance understanding of mental health.

Men and boys are reluctant to visit their primary care provider, much less to meet with a therapist. Yet research shows that men and boys are more likely to complete suicide or harm others as a result of depression, anxiety and other issues related to mental health. Why? And how can we reduce the stigma?

We are pleased to welcome Royce White to share his experience and wisdom. Co-sponsored by the Des Moines Pastoral Counseling Center and Des Moines University.

DATE / TIME: Thursday, July 11, 2019 - 7 p.m.

AUDIENCE: Families, health care providers and the general public

LOCATION: Des Moines University, 3200 Grand Ave, Des Moines, Iowa

COST: Free, Walk-ins welcome, RSVPs appreciated: www.dmpcc.org/MEN

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