



Discover Your Why! A One-Day Workshop

PROGRAM In this workshop, participants will work together to ask and answer a different question. “Why?” Discovering your personal “why” will bring clarity and impact to everything you do because it will enable you to walk in and toward your purpose. Adapting the Simon Sinek process called *Find Your Why*, participants will take the journey to discover what makes them feel fulfilled and what drives their behavior when at our natural best.

DATE & TIME Tuesday, October 8, 2019 9:00AM – 5:00PM (8:30AM Registration)

TUITION \$149

LOCATION Des Moines Pastoral Counseling Center, 8553 Urbandale Ave., Urbandale, IA 50322

REGISTRATION www.dmpcc.org/DiscoverYourWhy

LEARN MORE Contact Carla at: ccain@dmpcc.org

FACILITATORS



Carla Cain is a pastor and trained End-of-Life Doula. Her current work is consulting with congregations on strategic planning, conflict transformation, church leadership and a focus on working with the dying. Carla discerned her call to ministry after spending 30 years in the corporate world where she was involved in business development, human resources and cultural transformation work.



Diane McClanahan, Director of Leadership and Spiritual Life at the Des Moines Pastoral Counseling Center, holds a bachelor of science degree in nursing from Duke University and a master of divinity degree from Yale Divinity School. An ordained elder in the United Methodist Church, she has served congregations in Connecticut and Iowa. Diane is a spiritual director, clergy coach, church consultant and conflict mediator. Her interest is in providing spiritual and educational programs and consultation to assist spiritual leaders and their congregations to meet the needs of their communities.