



Introduction to Trauma Sensitive Practice

PROGRAM

Open to mental health professionals, including graduate students, in the community. An understanding of trauma provides a good foundation for work with any client. Statistics indicate that 30%- 80% of clients seen by psychotherapists have experienced some form of trauma. Yet many practitioners have received little education about the impact of trauma on clients' lives and the therapeutic relationship. This 8 week class provides an introduction to trauma sensitive practice. Program is also available via Zoom (online video conferencing platform) as another option for participants.

DATES

Fridays, October 11 – December 20, 2019

TIME

10:30am—12:00pm

TUITION

\$150 payable at the time of registration

LOCATION

8553 Urbandale Ave/Urbandale, IA 50322

REGISTRATION

www.dmpcc.org/traumapractice

Space is limited to 10 participants who will attend in-person at the Center. Registration closes October 8.

FACILITATOR

Christine Dietz, L.I.S.W., Ph.D. is a counselor and spiritual director at Des Moines Pastoral Counseling Center and Director of Professional Education. She has taught and written about trauma and trauma sensitive practice in graduate and undergraduate social work programs, including helping to build a trauma based curriculum at the University of New England School of Social Work.

