



On the Brink

A Group for Religious Professionals Transitioning into Retirement

PROGRAM Retiring from active religious and spiritual leadership evokes many emotions—dread, joy, fear, anxiety, excitement...Questions arise: “How will I find meaning and purpose?” “What is my call now?” “How do I adapt to all of the changes that aging brings?” Utilizing Parker Palmer’s book, “On the Brink of Everything: Grace, Gravity and Getting Old”, clergy approaching retirement, or recently retired, will gather four times to support one another by exploring the existential challenges retirement brings. For religious professionals including rabbis, pastors, priests, imams and others who are considering their next stage of life.

DATE & TIMES Tuesdays from 1:00-3:30PM / February 25, March 24, April 28, May 26, 2020

COST \$200 for the full series of four sessions

LOCATION Des Moines Pastoral Counseling Center / 8553 Urbandale Ave. Urbandale, Iowa

REGISTRATION Register online and more for information: dmpcc.org/OnTheBrinkSpring2020

FACILITATORS



Diane McClanahan, M.Div. is the Director of Leadership and Spiritual Life at the Center. She holds a bachelor of science degree in nursing from Duke University and a master of divinity degree from Yale Divinity School. An ordained elder in the United Methodist Church, she has served congregations in Connecticut and Iowa. Diane is a spiritual director, clergy coach, church consultant and conflict mediator.



Mark Minear is a licensed psychologist. He is also a recorded minister with the Religious Society of Friends (Quaker). He received his M.A. in Church History from the Earlham School of Religion, and an M.A. and Ph.D. in Counseling Psychology from Ball State University. He also works with a variety of churches, denominations, and faith traditions, as well as with individual clergy in need of support.