



Office of Leadership and Spiritual Life

Chris Waddle: Director

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On the Brink: A Group for Religious Professionals Transitioning into Retirement

**VIRTUAL GROUP VIA ZOOM
REGISTER BY AUGUST 24**

To register, visit: www.dmpcc.org/onthebrink/

PROGRAM	<p>Retiring from active religious and spiritual leadership evokes many emotions—dread, joy, fear, anxiety, excitement...Questions arise: “How will I find meaning and purpose?” “What is my call now?” “How do I adapt to all of the changes that aging brings?” “How do I share my spiritual gifts while maintaining healthy boundaries?”</p> <p>Utilizing Parker Palmer’s book, “<i>On the Brink of Everything: Grace, Gravity and Getting Old</i>”, clergy approaching retirement, or recently retired, will gather four times to support one another by exploring the existential challenges retirement brings.</p>
AUDIENCE	Religious professionals including rabbis, pastors, priests, imams and others who are considering their next stage of life
DATE / TIME	Tuesdays from 1-3:30PM <ul style="list-style-type: none">• Sept. 7, 2021• Oct. 5, 2021• Nov. 2, 2021• Nov. 30, 2021
COST	\$200 for the full series of four sessions
LOCATION	All sessions will be held virtually by Zoom

For more information please contact [Mark Minear at mminear@dmpcc.org](mailto:mminear@dmpcc.org)

FACILITATORS

Diane McClanahan, M.Div., B.S.N.

Diane McClanahan, recently retired as Director of Leadership and Spiritual Life at the Des Moines Pastoral Counseling Center. Her work at the Center included program development and facilitation of services for clergy and congregations including education, spiritual direction, clergy coaching, church consultation and conflict mediation. She holds a bachelor of science degree in nursing from Duke University and a master of divinity degree from Yale Divinity School. An ordained elder in the United Methodist Church, she has served congregations in Connecticut and Iowa. Diane is enjoying retirement in Maine where she continues to offer spiritual direction to a limited number of people.

Mark Minear, Ph.D.

Mark Minear is a licensed psychologist. He is also a recorded minister with the Religious Society of Friends (Quaker). His education includes an M.A. in church history from the Earlham School of Religion and a Ph.D. in counseling psychology from Ball State University. Now in his 10th year at the Des Moines Pastoral Counseling Center, he has a therapeutic niche of working with a wide range of clergy from various faith traditions across these years. His theoretical approach includes an integration of logotherapy (meaning-making), cognitive-behavioral, family systems, and mindfulness orientations. Now in the midst of his own journey into retirement, he is currently working part-time at the Center.

